

41st
ESPEN
CONGRESS



EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

41st ESPEN Congress

on Clinical Nutrition & Metabolism

Krakow, Poland | 31 August - 3 September, 2019

Nutrition - A Highway to Health



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Welcome Message

Dear colleagues,

On behalf of the Polish Society for Parenteral, Enteral Nutrition and Metabolism (POLSPEN), we would like to invite you to the 41st ESPEN Congress 2019, which will be held for the first time in Poland.

The Polish Society for Parenteral, Enteral Nutrition and Metabolism (POLSPEN) would like to welcome all ESPEN members to the ICE in Krakow, our beautiful international city located at banks of Vistula river.

Krakow is the former capital of Poland, a city with many faces, home to centuries of cultural heritage. It has developed its unique international character and importance like a never-ending story to which a little bit of history is added every day.

In close collaboration with the ESPEN Committee Members, we have developed an attractive program that aims to be a landmark in ESPEN's continuing effort to improve Nutritional Care and Education. As since 2015, there will be 5 parallel sessions along 4 'tracks' throughout the program focusing on topics in the acute, chronic, pediatric and geriatric settings.

We are convinced that the programme of ESPEN 2019 offers a great opportunity for physicians, dietitians, pharmacists, nutritionists, scientists and nurses involved in the field of nutrition and metabolism to meet and discuss cutting edge science in an informal ambience, reinforcing old and stimulating new collaborations.

We sincerely hope to meet you in Krakow in 2019!

Stanislaw Klek
Sylvia Malgorzewicz
Kinga Szczepanek

Local Organizing committee

Stanislaw Klek
Urszula Lapuszek
Eliza Kowalczyk
Maciej Słodkowski
Włodzimierz Cebulski
Malgorzata Lyszkowska
Mirosław Czuczwar
Ryszard Choruz

Local Educational committee

Chair: Kinga Szczepanek
Members: Aleksandra Kapala
Magdalena Milewska
Katarzyna Matysiak-Luśnia
Magdalena Sumlet
Jacek Szopiński
Justyna Zamarska

Local Scientific committee

Chair: Sylwia Małgorzewicz
Members: Michał Chmielewski
Zbigniew Kamocki
Dorota Mańkowska- Wierzbicka
Dorota Szostak –Węgierek
Lucyna Ostrowska
Marta Gruchała-Niedoszytko

Central Executive committee

Rocco Barazzoni, Chair
Matthias Perlich, General Secretary
Zeljko Krznaric, Treasurer
Stanislaw Klek, President 2019

Central ESPEN Scientific committee

Dileepraj Lobo, Chairperson
Moise Coeffier
Palle Bekker Jeppesen
Kristina Norman
Nicolaas E.P. Deutz, Editor
Sylvia Malgorzewicz, Rotating Member

Central Educational and Clinical Practice committee

Stephane Schneider, Chairperson
Laurence Genton, Physician
Mehmet Uyar, Physician
Magdalena Pietka, Pharmacist
Kurt Boeykens, Nurse
Kalliopi-Anna Poulia, Dietitian
Kinga Szczepanek, Rotating Member

Associated members

Elisabeth de Waele, IT Communication Officer
Alessandro Laciano, LLL Course Director
Regina Komsa and Rémy Meier, LLL Co-Directors
Stephan C. Bischoff & Pierre Singer, ESPEN Guidelines Officers

Topics of the Programme

Scientific

- ♥ Plenary: Cuthbertson Lecture & Wretling Lecture
- ♥ ESPEN Symposia: Research Fellows' & Clinical Trials
- ♥ Best Abstracts Session
- ♥ Oral Communications Sessions
- ♥ Poster Presentations
- ♥ Pro-Con Debate: GM Foods

Provisional Topics

- Eating disorders
- Food allergy and disease
- Intestinal microbiota
- Nutrients and muscle anabolism
- Nutrients and the immune system
- Nutrigenomics
- Nutrition and cardiorespiratory disease
- Nutrition and cognition
- Nutrition and the kidney
- Nutrition in children
- Nutrition in the older patient
- Nutrition in transplantation
- Oncology
- Public health nutrition
- Critically ill
- Vitamins and micronutrients
- Weight change

Educational

- ♥ LLL Courses:
 - Friday 30th August and Saturday 31st August: 15 LLL courses and 1 T-LLL course
 - During the congress:
 - Updated courses on nutrition in cancer patients, nutrition in the ICU, preoperative nutrition and obesity
- ♥ Two case discussions: COPD patient and a patient after bariatric surgery
- ♥ ESPEN Guidelines: Presentation of new guidelines & consensus meetings

10 Educational Symposia:

- Body composition in clinical practice
- Digestive allergies and intolerances
- Nutrition in palliative care
- Nutrition in wounds and tissue regeneration
- Nutritional accesses
- Paediatric nutrition
- Proteins in clinical nutrition
- Renal nutrition
- The evidence behind diets
- The nutrition patient at home

A warm welcome from Krakow

Situated in southern Poland, Krakow is one of the country's most ancient cities and its former capital and a real pearl in its crown. The city lies on the banks of the Vistula River which is called the Queen of Polish Rivers. Krakow receives visitors from the whole world.

The town is filled with monuments and is impossible to visit in just one day which is not really enough to experience the emotions this city can evoke. Its unique atmosphere has inspired artists and writers. Visitors fall in love with Krakow and if they leave, then it is only to return another day. The city's rich cultural and artistic life contributes to this fascination as much as the genuine character of its streets and little squares lined with restaurants serving local delicacies.

The city also buzzes with bars and nightlife and the diversity of a university town. It's also an easily walkable city with plenty of charming backstreets and alleyways in which to get pleasantly lost.

The range of accommodation and gastronomic services is very wide and easily available, which makes planning a trip to Krakow very straightforward. It is also a base from where to visit southern Poland. Zakopane, called "the mountain capital" of Poland and Wroclaw are within easy distance from Krakow.

Transportation

- The international airports of Krakow – Balice is just a short distance away from the city center (20 – 25 min). More 40 airports worldwide operate direct connections to Krakow, and hubs like Frankfurt, Zurich, Munich, Vienna, Amsterdam, Paris offer further flight options.
- Krakow – Balice Airport has direct trains to Krakow Central Railway Station (20 min, € 4.00)
- The conference center is easy to reach by tram from the Central station (20 min, € 1,00).
- Getting about by foot is easy. The walk from the city center to ICE takes about 20-30 min, depending on pace.
- Taxis: Special night/ weekend rates apply in Krakow. It is often possible to hail a taxi in the street, but you can also find special taxi stands at the train stations and various points throughout the city.

Important Dates & Deadlines

Opening of Abstracts Submission	7 January 2019
Registration opens.....	25 January 2019
Closing of Abstract Submission	5 April 2019
Opening of late breaking abstract submission	10 May 2019
Early Bird Deadline.....	22 May 2019
Deadline for late breaking abstracts (posters only)	14 June 2019

Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, abstracts submission and hotel reservation.

Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organizing Secretariat.

Venue

ICE Krakow Congress Centre
Marii Konopnickiej 17
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Web www.icekrakow.com

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The registration fees and full list of hotels

will be available on the ESPEN
website end of 2018:

www.espencongress.com



www.espen.org